

**CYSA'S ANNUAL
CHANGEMAKER SUMMIT**

YSBS LEADING THE WAY

**EMPOWERMENT
IN ACTION**

NOVEMBER 7, 2025



CYSA

CONNECTICUT YOUTH SERVICES ASSOCIATION

CONFERENCE PROGRAM

- 8:00 a.m. REGISTRATION, BREAKFAST, NETWORKING & EXHIBITS
- 9:00 a.m. WELCOMING REMARKS, ANNUAL MEETING & AWARD PRESENTATION
- 9:30 a.m. KEYNOTE ADDRESS
Jim O'Rourke, President & CEO, YMCA of Greater Hartford
- 10:30 a.m. NETWORKING BREAK & EXHIBITS
- 10:45 a.m. BREAKOUT SESSION I
- A. Cultivating Youth Leadership Through Dungeons and Dragons
 - B. Disaster Mental Health: Supporting Your Community After a Disaster
 - C. Fostering Leadership Through SEL
 - D. Swipe Smart: Empowering Smart Online Choices for Youth
 - E. The Leadership Launchpad: Fueling Our Future Prevention Trailblazers
 - F. Uncovering the Influence: Trends & Tactics in Cannabis & Vape Retail Environments
- 12:00 p.m. LUNCH, EXHIBITS & AWARD PRESENTATION
- 1:30 p.m. BREAKOUT SESSION II
- G. Appreciative Framework Strategies to Empower Adults to Restoratively Engage Youth and Adult Communities
 - H. Beyond the Bell: A Creative Approach to a Teen Center Program
 - I. Intro to Needs Assessment: Where to Start to Determine Where Your Organization is Going
 - J. Protecting Youth in a Digital World: The Hidden Risks of AI & Social Media
 - K. Seas the Day and Roll with the Waves: Empowerment in Prevention When the Tides Get Rough
 - L. WerkShop 4 Winners
- 2:45 p.m. BREAK & EXHIBITS
- 3:00 p.m. BREAKOUT SESSION III
- M. Crisis, Courage and Culture: Understanding Immigrant Youth Mental Health
 - N. Culture Shift: Crafting Prevention Messaging Resonating Across Generations
 - O. Hidden Risks + Tough Conversations
 - P. Lead, Inspire & Empower; Youth Leadership Development Through Shared Adventure Play
 - Q. Scroll, Click, Bet: Understanding Screen Time, Gaming and the Digital Priming for Youth Gambling
 - R. Seen, Heard and Valued: Youth Perspectives on Mental Health and Belonging
- 4:00 p.m. ADJOURNMENT

Thank you to Our Sponsors!



B. WEYLAND SMITH
CONSULTING
PROGRAM EVALUATION • NEEDS ASSESSMENT • GRANT PREPARATION